



Children's Crisis Stabilization Unit (CSU)

The McNabb Center's new Children's Crisis Stabilization Unit provides crisis services to children in need. The Children's CSU offers short term crisis stabilization to children and adolescents by providing clients with immediate psychiatric, and evidence based therapeutic services in a client centered location.

ADDITIONAL INFORMATION

- Children under 16 will be required to have a parent or legal guardian present at intake
- Self-referrals are permitted. Referrals may also come from providers within the community or in the emergency department.
- Certain clothing items, phones and other belongings are not allowed on the unit. Should a client bring personal items with them, these items are kept secure off the unit during the client's stay.
- Beyond meeting with a psychiatric medication provider each day during their stay, the clients have access to a therapist 24/7 and a residential counselor. During each day, the clients participate in group activities which concentrate on solution-focused interventions
- Meals are provided through ETCH to all clients during their stay. There are three meals per day and two snack times. Meals can be adjusted for allergies or dietary restrictions.
- Each client is assigned a phone time while staying on the unit and will be provided with assistance to call family if needed.

AVAILABLE SERVICES

- Assessment and evaluation
- Inpatient therapy
- Residential Counseling
- Medication services
- Group activities

CONTACT

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